

## Winter Strategy Practice Essentials

Over the coming winter period, there is the potential for higher than normal numbers of influenza and other respiratory illness, along with the ongoing challenges of increasing COVID-19 infection numbers across the state. Please visit the following links below to help support your practice to be ready for the winter season.

1	Review your practice's processes
	<ul style="list-style-type: none"><li><input type="checkbox"/> <a href="#">Tips for administration teams to support increased demand for services</a></li><li><input type="checkbox"/> <a href="#">Infection prevention and control in the practice</a></li><li><input type="checkbox"/> Sustainably <a href="#">managing patients with respiratory symptoms</a><ul style="list-style-type: none"><li>o Options for <a href="#">respiratory patients (GPRC)</a></li><li>o Resources to support <a href="#">caring for patients</a></li></ul></li><li><input type="checkbox"/> Administering <a href="#">COVID-19 vaccinations</a> along with <a href="#">influenza vaccines</a></li><li><input type="checkbox"/> <a href="#">Personal protective equipment (PPE), stock ordering, and calculation tools</a></li><li><input type="checkbox"/> Managing patients with <a href="#">a high risk of severe outcomes</a> of COVID or influenza</li><li><input type="checkbox"/> Review <a href="#">Living with COVID-19 Pandemic checklist for General Practice</a></li></ul>
2	Consider training and upskilling
	<ul style="list-style-type: none"><li><input type="checkbox"/> <a href="#">Infection prevention and control training</a><ul style="list-style-type: none"><li>o Yearly update of <a href="#">hand hygiene</a> for all staff</li></ul></li><li><input type="checkbox"/> Telehealth <a href="#">essential</a> and <a href="#">advanced</a> training for efficient remote consultations</li><li><input type="checkbox"/> <a href="#">The Basic Principles of Infection Prevention &amp; Control</a> webinars</li><li><input type="checkbox"/> Review <a href="#">RACGP Winter Planning Toolkit</a></li></ul>
3	Communicate with your patients
	<ul style="list-style-type: none"><li><input type="checkbox"/> <a href="#">Stay well this winter campaign</a></li><li><input type="checkbox"/> <a href="#">Social media and web tiles</a></li><li><input type="checkbox"/> National Centre for Immunization Research and Surveillance <a href="#">Communication guide</a></li></ul>
4	Review the relevant HealthPathways
	<ul style="list-style-type: none"><li><input type="checkbox"/> <a href="#">HealthPathway links</a> for Northern Queensland PHN region</li></ul>



NQPHN acknowledges the Aboriginal and Torres Strait Islander peoples as Australia's First Nation Peoples and the Traditional Custodians of this land. We respect their continued connection to land and sea, country, kin, and community. We also pay our respect to their Elders past, present, and emerging as the custodians of knowledge and lore.



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## Staffing

- Review your [outbreak management plan](#) and business continuity plan, focusing on staff sick days and rosters
- Wellbeing resources: [RACGP](#) and [TEN](#) (The Essential Network for Health Professionals)
- Plan for [staff influenza and COVID-19 vaccinations](#)

## Further information

For further information, visit the NQPHN [Winter Wellness webpage](#), scan the QR code, or email [preparednessandresponse@nqphn.com.au](mailto:preparednessandresponse@nqphn.com.au)



This resource has been adapted from information developed by Capital Health Network (the ACT PHN), and WA Primary Health Alliance (WAPHA).

Whilst all care has been taken in preparing this document, this information is a guide only and subject to change without notice.

Disclaimer: While the Australian Government has contributed funding support for this resource the information contained within it does not necessarily represent the views or policies of the Australian Government and has not been endorsed by the Australian Government.