

Worldwide Suicide Prevention Day

Walk 2016

WHEN:

- Sunday 11th September
- 9AM Bluewater Quays
- 10AM START on Northern end of Forgan Bridge (Palm Street)

WHERE:

- Bluewater Quay
- Parking and Entrance Located Sydney Street or River Street

COLOUR THEME: Yellow (representation for supporting Suicide Awareness)

ON THE DAY:

- Bring a flower in memory of your loved one
- Write a message to them on one of our butterfly cards
- Ribbons provided to tie on the bridge railing, signifying those lost to suicide
- Community Groups : EG: Support After Suicide, Mackay Regional Suicide Prevention Network, Headspace, Grapevine, Relationships Australia, will be available for information
- Lions food stall / Drinks available / Coffee available
- Also Mickey Muso, Run for MI Life, Black Dog Ride

SUPPORT AFTER SUICIDE Mackay & Whitsundays

- KIM: 0430 186 149
- JUDY: 0432 869 709

**Support
after
Suicide**

MACKAY AND
WHITSUNDAYS

